



**SERVIR**  
voluntariado



# Inclusive Volunteering

Empowering People Project IV

CALL FOR EVS 2017 - AEVA  
AVEIRO | PORTUGAL



Erasmus+

# AEVA

**AEVA – Associação para a Educação e Valorização da Região de Aveiro (Association for Education and Development of the Aveiro District) is a non-profit organization, which is the owner of EPA – the Vocational School of Aveiro. The association has devoted most of its work to this technical and professional school - currently the biggest in Portugal – by focusing on courses that meet the real needs of the territory and, consequently, of the regional labour market.**

**It has always been an inclusive School, aiming to promote autonomy and help the youngsters with fewer opportunities (special needs and youngsters from low income families and at risk of social exclusion) finding their way and position in the society, enhancing their capacity and skills to find a job.**

**The association receives annually over 100 young individuals with Special Educational Needs (SEN) and,**



# AEVA



in order to work with this specific target group, it counts daily with the help of national volunteers from different backgrounds and ages. It is very important for the whole team, working with this specific target group, to also include volunteers from different countries, in order to promote intercultural and linguistic competences, cultural diversity and open up their horizons and minds. Another important issue is to enhance the foreign and young volunteers with new competences in what inclusive practices are concerned and calling their attention to the importance of knowing on how to deal with SEN individuals in a very inclusive way.

Apart from the VET School, AEVA gathers several other departments and brands. Some of them, such as, Euro Desk Multiplier Centre and European Information Centre: Europe Direct of Aveiro, also managed by AEVA in Aveiro Region, will also count on the cooperation from European volunteers.

# Volunteering at AEVA

AEVA owns a department called SERVIR whose main activity is the development of volunteering projects. It counts currently with 20 Portuguese volunteers, most of them retired people. They are much involved in the association projects, being very active, in an intergenerational learning and sharing approaches.

The volunteers from EVS, and its project management, will be supported by the team of SERVIR.





## **AEVA and European Voluntary Service (EVS)**

**AEVA has the Accreditation for EVS under Erasmus+ Youth in Action.**

**Since 2013, AEVA has coordinated and hosted 17 EVS volunteers and the whole group of volunteers have been involved in joint activities involving different AEVA departments.**

**AEVA wants to enhance volunteering work at a transnational level and in an inclusive way, having foreign people working with our young SEN individuals, promoting, at the same time, intercultural competences among all.**

# The project

The project “Inclusive Volunteering - Empowering People Project IV” will take place mainly in a School where there are more than 100 Special Educational Needs pupils with cognitive deficits, several syndromes, autism spectrum disorders, among others. The school also promotes bio-farming activities with some of these pupils, involving foreign volunteers as well.

The volunteers will also be part of the activities planned to promote European citizenship and intercultural skills in cooperation with the European Information Centre - Europe Direct of Aveiro. Volunteers will be asked to present their countries, culture and traditions in several events targeted to different audiences.

The volunteers will develop their activities both in Aveiro and in Sever do Vouga (40 km from Aveiro) where the School has a delegation. Transport to Sever do Vouga is guaranteed by the Association.





**A typical week timetable includes (depending and adjusting according to each volunteer profile):**

- **Supporting the daily routines of SEN individuals in the different work spaces (farm, school, swimming pool, etc.) aiming the inclusion and integration of all in the association, promoting autonomy, etc.**
- **Active involvement in the Health Intervention School Project, particularly in the activities related to the promotion of healthy lifestyles (healthy eating, physical activity, safety, environment, prevention of accidents & consumer education), involving all youngsters in the association.**
- **Involvement in the ECO school project and in the promotion of a sustainable environment, taking part in the organization of environmental events.**



- **Preparing and organizing events and activities in cooperation with European Information Centre of Aveiro: «Youth on the Move» in Schools, Libraries, Youth associations, University, Prison, etc.**
- **Development of a personal project, meeting the interests of both the volunteer and the hosting organization.**
- **Possibility of organization of an Italian/Spanish Course for the community (in case of Spanish and Italian volunteers).**
- **Meetings with the Tutor and/or the project coordinator.**

# Volunteer's profile

18 - 30 years old

From Italy, Croatia, Spain or Austria



# The project is looking for young people

- **Open-minded and flexible in general.**
- **Intellectually curious in terms of getting to know other people, discovering and experiencing different cultures, habits and behaviours and willing to learn.**
- **Socially competent, especially in communication with others, coping with conflicts and misunderstandings and expressing one's own wants and needs.**
- **Having special care and interest in working with different target groups, different ages and SEN individuals.**
- **Having special interest for the environment, farming, working outdoors.**
- **Knowing one's limits – nothing will be gained by physical or mental overstress.**
- **Being able to live in a flat with other volunteers from different nationalities, open to other cultures.**

# Practical conditions

## Our EVS Volunteers:

Share a modern flat, fully equipped, 100 meters away from our association and within walking distance to the city center. They will be accommodated in double rooms and will have to be responsible in the sharing of household tasks.

Receive a monthly allowance for food and other products. During the week, they have lunch at the canteen of the school, where they can choose between fish, meat or diet/vegetarian meal.

Receive pocket-money for personal expenses.

Have access to transport when needed according to the different volunteering activities.



## OUR FLAT FOR EVS PROJECT



### THE PROJECT ALSO SUPPORTS:

- AIR PLANE TICKETS AND TRANSPORT TO AVEIRO
- FULL EVS INSURANCE
- PORTUGUESE LANGUAGE COURSE (3H/WEEK)
- PORTUGUESE HISTORY AND CULTURE COURSE (1H30/WEEK)

# Calendar

1st February – 31st August 2017  
7 months



# About Aveiro

Aveiro is in the Centro Region of Portugal, 70 km to the south of Porto and 60 km north of Coimbra. The city has a population of approximately 80,000 inhabitants, where 15,000 are students at the University of Aveiro, one of the most important Portuguese universities.

Aveiro has humid wet temperate climate, warm in Summer and not so cold in Winter. November, December, and January make up the rainy season, while July and August are the driest months. Autumn and Winter tend to have strong coastal winds, excellent for surfing, kite and wind-surfing, as well as with sailboat amazing conditions.

Those who appreciate good food can taste the delicious eel stew and a variety of sea and lagoon fish soups. But Aveiro is specially known for its sweets: the most famous is “*ovos moles*” (soft eggs), sweetened egg yolk in candied casings shaped like fish or barrels.



**Part of the city is bathed through canals and we easily find bridges and painted boats called “moliceiros”, as it is perched on a peaceful lagoon and historically famous for its salt production. These “moliceiros”, beautifully painted gondola-like boats, were once mainly used to collect seaweed, but now transport tourists down the canal.**

**A few kilometres from the Atlantic Ocean, which you can easily reach by car or by bus, the real charm of Aveiro lies on its coast, with its fantastic sandy beaches. This local coast is well known as Silver Coast, due to the beautiful and clean beaches. The beach of Barra is known for its lighthouse (the tallest in Portugal and one of the tallest in Europe) and the beach of Costa Nova is known for its attractive candy-striped houses.**



# Apply for this project!

If you have the profile we are looking for and you would like to be a volunteer of this project, please fill in the Application Form clicking *here*.

**Deadline: 30.11.2016**

**AEVA will schedule an interview by skype with the candidates.**

**Further information: [servir@aeva.eu](mailto:servir@aeva.eu)**



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